



**Aldergrove Youth Soccer Club – AYSC**  
**Registered as the Aldergrove Soccer Society**

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## **AYSC Return to Train Policy**

*Revised 18-Jul-2020*

### **Introduction**

The focus of the Return to Train policy is to provide a framework by which AYSC can encourage players to return to the field and keep active while learning ball mastery, passing and receiving. Players will train in their own designated space marked out by cones, with sessions conducted by AYSC coaches.

### **Before You Come to the Field**

- If the player / coach is not feeling well, they are **not** to attend their scheduled session until they feel better.
  - The coach or the parent of the player are required to notify AYSC's Health & Safety Officer of the player's / coach's illness so it can be noted.
  - AYSC may require a doctor's note before the player / coach can return to play.
- There will be a 10-minute break between different sessions to allow for equipment sanitization and to avoid crowding.
- **Be aware of your scheduled start time and ensure you arrive at the field at your designated time. Late arrivals may not be permitted to participate.**

### **At the Field**

- AYSC would prefer that parents / guardians drop off / pick up their child in the parking lot of the training field, but if an adult must stay for the duration of the training session, only one adult is allowed at the training field. Social distancing (2 m) is required. If social distancing is not possible, parents / guardians must wear a mask as per BC health authorities' recommendations.
- To fall into compliance with the any public health order, AYSC reserves the right to limit the number of spectators at the training facility.
- Players / coaches must wear a mask from the parking lot to and from the training field. No mask is required for on-field activity.

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- Contact tracing requirement:
  - All players will be required to answer a brief health questionnaire each time they come to the field. **It is imperative that players who do not feel well do not participate and stay home.**
- Please ensure you have a bag / container with you to store all personal and hygienic materials such as face masks, hand sanitizer, water bottles, mouthguards etc.

### On the Field

- Be aware of designated access points for entering / exiting the field area and use as directed.
- Parents / guardians are not permitted on the playing surface at any time, unless called onto the field by a coach in the event of player injury. The only exception will be any training programs that require parent participation.
- Players are not to touch equipment.
- Players are not to swap equipment with each other.
- A hand sanitizing station will be provided at the field. Players / coaches must sanitize their hands entering the field and leaving the field.
- No physical contact between players / coaches is permitted (i.e. no handshakes, no high fives etc.).
- **Players / coaches must bring their own water bottle that is clearly marked with their name. There is to be absolutely no sharing of water bottles or snacks.**

### Important Reminders

- **Failure to comply with the above requirements may result in the player being removed from the program.**
- This is a living document that may be amended at any time to ensure that AYSC is compliant with the latest health and safety requirements as it pertains to COVID-19 and any other medical issues. This document may be updated and reposted without notice. It is incumbent on the members of AYSC to ensure they are aware of the latest policy.